



City of Oaks
MIDWIFERY

Suggested Reading

Mindful Birthing: Training the Mind, Body, and Heart for Childbirth and Beyond

Nancy Bardake

Childbirth Without Fear: The Principles and Practice of Natural Childbirth

Ina May Gaskin

Natural Hospital Birth: The Best of Both Worlds

Cynthia Gabriel

Nobody Told Me About That: The First 6 Weeks

Ginger Breedlove

Essential Facts About Midwives

<https://www.midwife.org/acnm/files/cclibraryfiles/filename/00000007531/EssentialFactsAboutMidwives-UPDATED.pdf>

Midwife-led versus other models of care for childbearing women

The Cochrane Library <https://www.cochranelibrary.com/cdsr/doi/10.1002/14651858.CD004667.pub2/full>

Trusted Websites

City of Oaks Midwifery

www.cityofoaksmidwifery.com

Rex Hospital Maternity Services

<https://www.rexhealth.com/rh/care-treatment/womens-health/maternity-services/>

American College of Nurse Midwives

www.midwife.org

The American College of Obstetricians
and Gynecologists

<https://www.acog.org/>

Preeclampsia Foundation - Educational and support foundation for
mothers who are at risk, currently have
or are recovering from preeclampsia
<https://www.preeclampsia.org/>

HER Foundation - Educational and support foundation for mother's
experiencing hyperemesis

<https://www.hyperemesis.org/>

Myriad Women's Health

Genetic Lab for non-invasive prenatal testing

<https://myriadwomenshealth.com/>

Evidenced Based Birth

<https://evidencebasedbirth.com/>

Spinning Babies

<https://spinningbabies.com/>

La Leche League International

<https://www.llli.org/>

Lamaze International

<https://www.lamaze.org/>

Hypnobabies

<https://www.hypnobabies.com/>

Bradley Method

<http://www.bradleybirth.com/>

UNC Maternal Fetal Medicine

Patient Education Resources

https://www.mombaby.org/all-resources/?fwpr_resource_category=patient-education&_resource_category=patient-education



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The Period of Purple Crying

<http://purplecrying.info/>

LactMed Database - Information on drugs and other chemicals to which breastfeeding mothers may be exposed.

<https://www.ncbi.nlm.nih.gov/books/NBK501922/>